



One-Week Kindness Unit



A homeschool plan for *The Grumble-Gator's Greatest Raft* · Ages 3-8 · 20-30 minutes a day

DAY 1

Read & talk

Read the book aloud. Pause 2-3 times to ask how Toby and Barnaby feel. Point to faces on the Feelings Mat.

☐ Done!

PRINTABLE

Feelings & Kindness Mat

SUBJECTS

Reading · Listening · Feelings

DAY 2

Retell & understand

Read it again. Retell the story in words or drawings. Ask: why might someone act tough when they feel small inside?

☐ Done!

PRINTABLE

Read & Retell

SUBJECTS

Reading · Writing · Sequencing

DAY 3

Kind words

Talk about "A kind word can plant a forest." Make Kind Words cards for family. Start a kindness forest on the fridge.

☐ Done!

PRINTABLE

Kind Words Cards

SUBJECTS

Writing · Art · Character

DAY 4

Build & test

Build a raft from craft sticks or straws. Guess: will it float? How many pennies can it hold? Test, improve, test again.

☐ Done!

PRINTABLE

(no printable needed)

SUBJECTS

Science · Engineering · Teamwork

DAY 5

Kindness in action

Play Kindness BINGO. Plan one kind act on the chart. Count your forest trees. Award Kindness Certificates!

☐ Done!

PRINTABLE

BINGO · Acts of Kindness Chart
· Certificates

SUBJECTS

Character · Service · Celebration

"A fist can break a branch, but a kind word can plant a forest."

You need: the book, a printer, craft sticks or straws, tape or string, crayons, and a bowl of water.